



computercorner
by William Claney, Computers USA

Tech in English

Risk Everything or Backup

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July 4, 2018.
ComputersUSA (CUSA) in Clayton has introduced a new managed, fully automated backup service for Contra Costa residences and small business aimed at tackling some of the biggest obstacles that users face with protecting their data such as time, expertise and cost.

It is evident from years of serving the computing public, that there are obstacles that prevent users from making data backups because users that need backups usually don't have them. Why? Because it is a daunting task for many users. Purchasing the right media for the backup, loading the backup software, determining what to backup and how frequently the backup process runs, or trying to decide which cloud service to use requires a bit of experience and time. Reviewing the Internet and understanding all the backup options available can be confusing.

The software alone can be a task most users dislike and can rarely be assured they have performed the process correctly. It's not a lack of understanding or desire to perform the backup, it is more of an issue of learning yet another software program. Many users are not sure if they have achieved a proper backup and have no way to test a data restore procedure until the ultimate need arises.

Experts agree you should have a data backup; otherwise, risk the loss of data. This means photos, correspondence, emails, programs and applications, and favorites. All those hours spent setting up the computer and personalizing it are at risk. Once the periodic backup isn't performed your risk of data loss is heightened.

When failure occurs, it takes hours returning your computer to running order, loading and updating Windows, loading and updating the applications



like Microsoft Office, then marrying data back to the application, if a recovery is required. Usually, that's time one may not have. With CUSA backup, it's like the disaster never happened.

It takes time to back up your drives (media) and most users lack the patience to do so nor understand the need to protect themselves and their data against loss. Therefore, CUSA has devised a method whereby the backup process is fully automated. A "look-ma-no-hands" moment.

CUSA has made it simple. You are defined either as a workstation or a server and priced accordingly. Prices for workstations start at \$9.99/mo. And servers at \$39.99/mo. The workstation version includes 250GB of data storage and the server a terabyte. This storage is enhanced by data compression that compresses your data about three (or more) to one. That means if a workstation has a terabyte hard drive it is likely to all fit within your base data storage of 250GB. The same with the servers, the one terabyte allocation will hold about three to four terabytes after compression.

This new service is cost effective at about 33 cents a day and is easy to use because it is fully managed by pros. Your data is stored offsite and heavily encrypted for security. Nothing to buy, install or manage.

It is worth checking out. Call or visit ComputersUSA. (See ad below.)

11th Annual Superhero Walk for Dogs4Diabetics

Dogs4Diabetics (D4D), a local non-profit based in Concord recently held their 11th Annual Superhero themed Walk for the Dogs at Heather Farm Park on Saturday, June 9th. They join the diabetic community in hoping for a cure of the disease, but their sole purpose is to support Type 1 Diabetics by providing service dogs that empower and transform their quality of life today.

The organization exceeded their goal to raise \$70,000 to help support their life-saving Medical-Alert Service Dogs and Diabetes Buddy Dogs who are partnered with their Type 1 Diabetic clients at no cost. This incredible community effort will now allow D4D to create even more life-saving partnerships. "We cherish our community and are incredibly

response training is the trigger that the dog has been trained to identify.

In the case of a Diabetic Alert Dog, the trigger is the change in blood chemistry, allowing the diabetic to treat hypoglycemia prior to becoming symptomatic.

Founded in 2004, D4D has been primarily supported by generous volunteers, supporters, friends, and our local East Bay community. The organization's passion and reason for being is to transform the lives of their clients and the daily management of their diabetes so they can thrive and live relentlessly awesome lives in safety with the support of their service dog.

Many local community partners helped make this year's Walk for the Dogs a huge success. The list includes



grateful for their support. We're always amazed by what we can accomplish when we work together and couldn't do what we do without our community." said Executive Director, Christy Gillham.

As explained within their website, www.dogs4diabetics.com, Medical Assistance Dogs are service dogs that have been trained to respond to an identifiable element that is available to their senses in order to support the medical condition of their handler.

Diabetic Alert Assistance Dogs are a specific type of Medical Assistance Dog that has been trained to use their highly sensitive scent capabilities to identify the changes in blood chemistry that occur during rapid changes in blood sugar levels.

Medical Response Dogs are another type of Medical Assistance Dog that has been trained to assist persons based on recognition of symptoms pertaining to a specific medical condition. The differences between medical alert and medical

the Contra Costa Fire Protection District, Mercedes-Benz of Walnut Creek, BevMo, Tony La Russa's Animal Rescue Foundation, Walnut Creek Police Department K9 Unit, Bollinger Canyon Animal Hospital, Guide Dogs for the Blind (D4D's major donor), Slice of Italeigh Pizza Food Truck, and IzzyA's Frozen Custard.

That's a fine list of supporters. You too can help. Dogs4Diabetics is in need of canine training partners who help train and place a dog with a diabetic in need of their life-saving skills. You can help create life-saving partnerships by opening your home and heart to a D4D dog-in-training. These dogs are not kept in cages or overnight kennels. They go home to a foster care home. Learn more by visiting: Dogs4Diabetics.com or email: info@Dogs4Diabetics.com.

Photo by Yellow Neener Photography

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